



firstfly Day Care & Pre School

A Child Care Initiative by JEGATHAMBAL EDUCATION TRUST.
Reg. Public Trust No.: 74 / 17 (Book IV) dated 26-05-2017 at SRO, Erode.

Pre School-Schedule

(Age Group – 2 Years to 3 Years)

Time	Hours	Activity
9:00 Am to 10:00 Am	1 hour	Arrival followed by Morning Circle
10:00 Am to 10:30 Am	30 mins	Snack Time
10:30 Am to 11:30 Am	1 hour	Primary Activity 1
11:30 Am to 1:30 Pm	2 hours	Lunch followed by Indoor / Outdoor Play
1:30 Pm to 2:30 Pm	1 hours	Primary Activity 2
2:30 Pm to 4:30 Pm	2 hours	Moral Stories followed by Nap
4:30 Pm to 5:00 Pm	30 mins	Snack Time
5:00 Pm to 6:00 Pm	1 hour	Reflection followed by Wrap-up

* The Primary Activities will be given based on the days of the week

Day wise Primary Activities

Day	Theme	Primary Activity 1	Primary Activity 2
Mon	Colors & Shapes	Sensory Development Activities	Fine Motor Activities
Tues	Music & Dance	Small Group Activities	Music & Movement Activities
Wed	Nature & Animals	Art & Crafts Activities	Working Memory Activities
Thurs	Numbers & Counting	Fine Motor Activities	Sensory Development Activities
Fri	Community Helpers	Music & Movement Activities	Small Group Activities
Sat	Special Themes*	Working Memory Activities	Art & Crafts Activities

Primary Activities will be based on the theme of the day | *Special Themes: Page 3-5.



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List of Primary Activities

Themes	Activities
Morning Circle	<ul style="list-style-type: none">• Arrival & Free Exploration• Songs, Weather chart, and discussions• Introduce the day's theme
Indoor / Outdoor Play	<ul style="list-style-type: none">• Musical chairs• Free running• Nature exploration
Reflection	<ul style="list-style-type: none">• Yoga for kids• Sharing time• Good-bye songs
Sensory Development Activities	<p>Activities: Exploring sensory bins, matching scents, touch-and-feel guessing games.</p> <p>Focus: Developing senses of touch, smell, and texture awareness.</p>
Small Group Activities	<p>Activities: Building towers together, Group games (catch, relay & sorting games).</p> <p>Focus: Encouraging teamwork, communication, and social interaction.</p>
Art & Crafts Activities	<p>Activities: Making collages, finger painting, Themed crafts (making animal masks).</p> <p>Focus: Fostering creativity and improving fine motor skills.</p>
Fine Motor Activities	<p>Activities: Threading beads, shaping playdough, Stacking toys, Clay modelling.</p> <p>Focus: Enhancing hand-eye coordination and finger strength.</p>
Music & Movement Activities	<p>Activities: Singing action songs, clapping to rhythms, dancing to music.</p> <p>Focus: Building coordination, rhythm, and self-expression.</p>
Working Memory Activities	<p>Activities: Matching, Sorting, Number puzzles, memory card games, recalling stories.</p> <p>Focus: Strengthening memory and attention span.</p>
Activities for Pre Schooler – 2 years to 3 years	



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List of Main Themes (5)

1. Colors & Shapes

Activities: Sorting objects by color, stamping shapes with paint, rainbow crafts.

Focus: Learning to recognize colors and shapes in the environment.

2. Nature & Animals

Activities: Imitating animal movements, collecting leaves, creating animal masks.

Focus: Exploring plants and animals and their natural habitats.

3. Numbers & Counting

Activities: Counting toys, singing number songs, matching numbers to objects.

Focus: Developing early counting and number recognition skills.

4. Music & Dance

Activities: Playing simple instruments, freeze dance, action songs.

Focus: Building rhythm, coordination, and self-expression.

5. Community Helpers (e.g., fireman, doctor)

Activities: Dressing up, role-playing with toy tools, themed crafts.

Focus: Understanding the roles of helpers and their importance in the community.

List of Special Themes (20)

1. Seasons & Weather

Activities: Sorting seasonal items, creating rainbows with crafts, weather charts.

Focus: Understanding weather changes and seasonal differences.

2. Space & Stars

Activities: Making star patterns, planet crafts, pretend space travel.

Focus: Introducing basic astronomy and igniting curiosity.

3. Transportation & Vehicles

Activities: Building cardboard cars, toy car races, learning traffic signals.

Focus: Identifying different vehicles and understanding transportation.



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4. Farm to Table

Activities: Role-play as farmers, learning about fruits & vegetables, simple planting.

Focus: Understanding food origins and healthy eating habits.

5. Ocean & Sea Life

Activities: Ocean sensory bins, fish crafts, learning about underwater creatures.

Focus: Exploring marine life and the ocean ecosystem.

6. Fairy Tales & Imagination

Activities: Story dramatization, creating props like crowns or wands, puppet shows.

Focus: Building storytelling and imaginative thinking skills.

7. Wildlife Adventures

Activities: Animal sound games, safari pretend play, learning about jungles.

Focus: Discovering wildlife habitats and behaviors.

8. Around the World

Activities: Exploring cultures with flags, foods, and traditional dances.

Focus: Introducing diversity and global awareness.

9. Shapes in the World

Activities: Spotting natural shapes, building structures with blocks, creating shapes.

Focus: Connecting geometric concepts to the real world.

10. Healthy Me

Activities: Role-play as doctors, brushing teeth models, yoga for kids.

Focus: Teaching hygiene and self-care habits.

11. Insects & Bugs

Activities: Creating bug crafts, exploring with magnifying glasses, singing insect-songs.

Focus: Learning about the insect world and their roles in nature.

12. Superhero Fun

Activities: Designing capes, acting out superhero stories, teamwork games.

Focus: Encouraging creativity and emphasizing good deeds.



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13. Building & Construction

Activities: Stacking blocks, creating structures with recyclable materials.

Focus: Developing problem-solving and fine motor skills.

14. Under the Ground

Activities: Learning about worms and roots, soil play, digging for treasures.

Focus: Understanding what lies beneath the surface of the earth.

15. Rainbow Week

Activities: Mixing colors, rainbow crafts, identifying objects of different colors.

Focus: Learning color theory and enhancing sensory exploration.

16. Let's Go Camping

Activities: Setting up pretend tents, flashlight play, "campfire" storytelling.

Focus: Encouraging outdoor exploration and group bonding.

17. Magical Science

Activities: Simple experiments like mixing vinegar & baking soda, ice melting games.

Focus: Sparking curiosity through hands-on discovery.

18. Dinosaurs & Fossils

Activities: Digging for "fossils," making dinosaur footprints, learning dinosaur names.

Focus: Exploring prehistoric life and developing an interest in science.

19. Tools & Gadgets

Activities: Identifying simple tools, role-playing as builders, safe tool exploration.

Focus: Understanding how tools help us in daily life.

20. Our Green Planet

Activities: Recycling games, planting saplings, learning to care for the environment.

Focus: Instilling environmental awareness and responsibility.



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